



## All instructions refer to the seated position

**The Usk U01 chair has been designed to offer excellent comfort with comprehensive functionality. These features help promote good user posture and will reduce fatigue during the working day.**

The ergonomic multi-curvature back designed by Roger Webb (a leading office furniture designer) which, in conjunction with the multi-tilt mechanism fitted to the chair, ensures the user a good sitting position suitable for all normal office applications.

1. The lever located front right below the seat, operates the chair tilt adjustment. Pulling the lever up releases the action. The tilt angle can now be locked in the desired position by pushing the lever back down or the chair can be left in 'free-float'.
2. The middle lever operates the seat height adjustment. Pulling the lever up whilst taking weight off the chair seat allows the seat to rise. The sitting position can then be fixed by simply returning the lever to its start position. Conversely pulling the lever up whilst maintaining weight on the seat allows the seat to fall.
3. The third lever operates the back angle adjustment and works in a similar way to the lever described in 1. above.
4. The hand wheel underneath the chair in the centre allows the user to adjust the chair to suit their body weight. Turning the hand wheel clockwise makes the reclining action firmer and turning counter clockwise makes it less firm. For optimum comfort it is important to adjust the tension control properly to suit the weight of the individual.
5. The large bar across the front of the seat operates the seat depth adjustment. Lifting the bar up allows the seat to be moved in and out until the required depth is attained. Depending on the floor surface it is sometimes easier to adjust this standing in front of the chair.
6. The bulb clipped under the left side of the seat is to inflate the lumbar support. Repeatedly squeeze the bulb to inflate the support to the desired level. To deflate the lumbar support there is a button between the bulb and the pipe it hangs on. Press this in and you will feel and hear the lumbar support deflating.
7. The back pad height is adjustable by placing your fingers under the back pad and lifting. The back is on a ratchet and will automatically drop down when the highest point is reached.
8. The arms are height and twist adjustable. This is operated by means of the finger grip on the outside of and below the arm pad. The arms also have a twist feature which allows the arm pad to be angled in or out. This is useful if you are not working directly ahead or to get the chair closer to the desk. To operate lift the pad and twist.
9. The chair is designed to accommodate users weighing up to 150kg.
10. All chairs are built to comply with BS5459 (1990) Part 2.