



All instructions refer to the seated position

The Balmoral BA01 chair has been designed to offer excellent comfort with comprehensive functionality. These features help promote good user posture and will reduce fatigue during the working day.

The multi-curvature back in conjunction with the synchronised action mechanism fitted to the chair provides the user with a dynamic or locked sitting position reducing strain.

1. The lever located front right below the seat, operates the seat height adjustment. Twisting the lever up whilst taking weight off the chair seat allows the seat to rise. The sitting position can then be fixed by simply returning the lever to its start position. Conversely twisting the lever up whilst maintaining weight on the seat allows the seat to fall.
2. The winding handle on the same spindle as the seat height lever operates the reclining action tension, allowing the user to adjust the chair to suit their body weight. Winding clockwise increases the tension and anti- clockwise reduces it. The handle can be pulled out for ease of use.
3. The lever located front left below the seat operates the seat depth adjustment (when sitting correctly the back of the user's knee should be just clear of the front of the seat). To adjust this depth lift the lever up and slide the seat out and release the lever when the desired position is found. To reduce the seat depth it may be necessary to take weight off the chair when activating the lever.
4. The lever on the same spindle as the seat depth adjustment, operates the chair reclining action. This action is synchronised which means that the back angle increases more quickly than the seat angle when reclining backwards. To operate simply twist the handle and lean back. There should be a little resistance to your body weight (see instruction 2). The chair can now be used in this floating mode or locked in fixed predetermined positions by twisting the handle back. The mechanism also has an 'anti-shock' feature which prevents the back springing forward when the lever is operated. To bring the chair forward from a locked position, twist the lever, recline backwards a little and then bring your weight forwards - the back will come with you.
5. The back pad height is adjustable by placing your fingers under the back pad and lifting. The back is on a ratchet and will automatically drop down when the highest point is reached.
6. The height adjustable fold down arms have dual functionality and are height adjustable by using the silver button on the outside of the arm. Simply push the button in to lift the arm and release the button to lock in position. To fold the arm down (towards the back of the chair) there is a silver spigot located at the top of the silver disc on the outside of the arm. Push the spigot in and roll the arm backwards. To return the arm to upright, reverse this procedure.

Continued overleaf.



7. The Balmoral BA01 model is fitted with a headrest which offers both height and lateral adjustment.
8. The chair is designed to accommodate users weighing up to 150kg.
9. All chairs are built to comply with BS5459 (1990) Part 2.

Optional Extras – Where Fitted.

10. **Inflatable Lumbar Support** There is a bulb clipped under the left side of the seat to inflate the lumbar support. Squeeze bulb repeatedly to inflate the support. To deflate, there is a button between the bulb and the stem it hangs on, squeeze this and you will feel and hear the lumbar support deflating. The amount of inflation will depend on individual preference.